



Spelthorne U3A K2
(Registered Charity No. 1110936)

Thank you for your enquiry about joining Spelthorne U3A K2. I have pleasure in enclosing our membership pack.

Our membership year runs from **1 September** to **31 August**. The annual membership fee for 2025/26 is £17.00. There will be no charge for members joining in June, July or August 2026 provided that they pay the renewal fee for 2026/27 at the time of joining. Payment may be made either by cheque made out to Spelthorne U3A K2 or by bank transfer. Please see the foot of the application form for full details.

Spelthorne U3A K2 is a registered charity and is run entirely by volunteers. To keep our membership fees as low as possible we need to maximise our income and as we do not fund raise, the only way we can do this is by asking our members to consent to use Gift Aid. This enables us to reclaim tax on your donation. Eligible tax you have paid could include: tax deducted at source from savings interest, tax on State Pension and/or other pensions, tax on investment or rental income (including tax credits on UK dividends) and Capital Gains Tax, as well as tax on income from a job or self-employment. A Gift Aid Declaration form is enclosed so that if you are a UK tax payer, we can reclaim the tax you paid on your subscription. If you are able and willing to do so we would very much appreciate it if you would complete and return the form together with your membership application.

Our General Meetings are held on the second Thursday of every month at the Salvation Army Citadel in Woodthorpe Road, Ashford, TW15 3JY. The meetings start promptly at 2.00pm (doors open at 1.15 pm). We usually have a guest speaker on these occasions and there is always an opportunity to chat with other members over tea or coffee afterwards. There is no charge for the refreshments. Details of the forthcoming talks are listed on the Spelthorne U3A K2 website. You are very welcome to attend up to two of our General Meetings before you decide whether or not to join. When attending meetings we would be grateful, for fire safety and insurance reasons, if you would register when you enter the hall.

I also enclose a list of our Interest Groups showing the location, dates and times that they meet. Most are self explanatory. Our two MOTO groups (Members on their Own) are restricted to members either on their own or for whatever reason wish to socialise without their partner. The Muncheon group arranges lunches on a monthly basis while Tasty Tribe offers a combination of lunches and afternoon teas. Groups are an opportunity for like-minded people to get together and share ideas, skills and information. Some Groups do also have tuition. The list is regularly updated as new Groups are always being formed. Up to date information can be found on our website <https://spelthornek2.u3asite.uk/groups> as can the current list of proposed groups. Our regular newsletter, which you will automatically receive as soon as you join also contains full and up to date details of our groups, including contact details for our group leaders.

If you do not have access to the internet, please contact Helen Beecham the Groups Coordinator on 01784 244288 if you need any information. Otherwise e-mail any queries to k2groupscoordinator@gmail.com.

We would ask you to complete the reverse of your Application Form showing which groups from this list might be of interest to you (including the day and time that suits if there is more than one group offering that option). A group leader will contact you with further details. We recommend that you do not select too many groups at the outset and give yourself a chance to settle in to these before joining further groups, which you may do at any time subject to spaces being available. New groups are set up at the request of our members, so if you have any suggestions do make sure you put them down on the form. As SU3A K2 has decided at present not to have a waiting list the increase in our membership has inevitably put additional pressure on existing Groups. If you are able to offer your services as a Group Leader/ Organiser this would be very much welcomed, although don't worry about it if you can't.

We also rely on volunteers to help out at our monthly meetings and with committee work. If you are willing to help out in any way, please indicate this on your form and again we will contact you once you have had an opportunity to settle in.

Should you require any further information meantime please do not hesitate to contact me.

We look forward to welcoming you to SU3A K2.

Yours sincerely

Valerie Matthews
Membership Secretary



Spelthorne U3A K2 Privacy Statement - Issue 5

(Registered Charity No. 1110936)

Any personal information members have provided to Spelthorne U3A K2 (K2) and the Groups they belong to will be stored securely and used only in the following ways:

- To perform membership administration, including meeting our statutory obligations.
- To communicate with you as a U3A member.
- To share with group leaders of those groups in which you have expressed an interest.
- To share with the members of some groups, of which you are a member, to permit mutual contact, arrangement of car share and other mutual benefits.
- To send you general information about the Third Age Trust (the national organisation to which U3As are affiliated), primarily that your name may be added to the direct mailing list for the Third Age Trust magazine – “Third Age Matters”. Note: this necessitates sharing your name and postal address with the distribution company. Should you not want to receive the publication, please contact the K2 Membership Secretary.
- To communicate with HM Revenue and Customs, if you have signed a Gift Aid declaration. Only your name, first line of address and postcode will be sent to HMRC to enable tax to be reclaimed on your membership fee.

Our lawful basis for processing your personal data is “legitimate interest”. Our only interests in your data are for the successful operation of our U3A.

Other than as stated above your data will not be passed to any third party without your further consent being sought. For example, as may be required in booking U3A holidays.

You can request a copy of your details, have them amended or request that they are not used for any of the above stated purposes by contacting the K2 Membership Secretary.

Members’ data will be retained for the duration of their membership of K2 and for a further period of twelve months unless our statutory obligations require them to be kept for a longer period.

If at any time you feel we have misused your personal data, please contact us. If you are not satisfied with our response, you have the right to make a formal complaint to the Information Commissioner’s Office.

K2 may be contacted by emailing our Membership Secretary at su3ak2.membership.secretary@gmail.com or by writing to the address given in the K2 Newsletter.

Adopted: 05/09/2025

Review date: 05/09/2027



Spelthorne U3A K2

(Registered Charity No. 1110936)

GIFT AID DECLARATION

Name of Charity: Spelthorne U3A K2

Title:

Forename(s)

Surname:

Address:

.....

.....

Postcode:

Please apply Gift Aid to my donation.

I want Spelthorne U3A K2 to treat all donations I have made for six years prior to the date of this declaration and all donations that I make from the date of this declaration until I notify otherwise, as Gift Aid donations.

Please tick boxes.

Signature: Date:.....

Note:

You must pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the tax that **all** the charities or Community Amateur Sports Clubs (CACs) will reclaim on your donations for that tax year (taxes such as VAT and Council Tax do not qualify). Spelthorne U3A K2 will reclaim 25p for each £1 you give.

Notes:

1. You can cancel this Declaration at any time by notifying Spelthorne U3A K2.
2. If in the future your circumstances change and you no longer pay tax on your income and capital gains equal to the tax that Spelthorne U3A K2 reclaims, you can cancel your declaration.
3. If you pay tax at the higher rate, you can claim further tax relief in your Self Assessment tax return.
4. If you are unsure whether your donations qualify for Gift Aid tax relief, ask Spelthorne U3A K2 or refer to help sheet IR65 on the HMRC web site.

Please notify Spelthorne U3A K2 if you change your name or address.



Spelthorne U3A K2
(Registered Charity NO 1110936)
Membership Application Form

Title (Mr/Mrs/etc)..... Surname.....

Forenames.....Preferred Name.....

Address.....

.....

Post Code..... Tel. No.....

E-mail Address.....

I wish to apply for membership of U3A K2 and enclose £17.00 in payment of the membership fee from 1st September 2025 until 31st August 2026. There will be no charge for members joining in June, July or August 2026 provided that they pay the renewal fee for 2026/27 at the time of joining.

Our lawful basis for collecting the above information is legitimate interest. It will be stored securely and used only for the following purposes:-

- to perform membership administration.
- to communicate with you as a Spelthorne U3A K2 member.
- to share with Group Leaders of those Groups in which you have expressed an interest
- to send you general information about Third Age Trust primarily for the purpose of sending you the Third Age Matters magazine. *Note: this necessitates sharing your name and postal address with the distribution company.*
- to communicate with HM Revenue and Customs if you sign a Gift Aid declaration to enable tax to be reclaimed on your membership fee. *Note: Only your name, first line of your address and postcode will be sent to HMRC.*
- to comply with applicable statutory obligations.

You can request a copy of your details, have them amended, deleted or request that they are not used for any of the purposes stated above by contacting the K2 Membership Secretary.

Full details of our Privacy Policy are attached. A copy is also available to view on the Membership table at General Meetings and can be found at: <https://spelthornek2.u3asite.uk/links>

Please tick the appropriate box below confirming you agree to your information being shared with the company that distributes the above Third Age magazine or do not wish to receive it.

I agree to my information being shared with the distribution company or

I do not wish to receive the Third Age Matters magazine

Signed..... Date.....

If enrolling by post, please send this form with your cheque, made payable to **Spelthorne U3A K2 to The Membership Secretary, SU3A K2, 6 Range Way, Shepperton, Middlesex, TW17 9NW.**

If you prefer to pay by bank transfer, please transfer the money to our Nat West account. The payee is **Spelthorne U3A K2**, sort code **54 41 51** and account number **60735279**. The reference is your postcode and surname (up to 12 letters) with no spaces. Please tick this box if you have chosen to pay by this method.

PTO

Meeting interesting people and making friends is an important part of the U3A.

Please enter any subjects, from the attached list, in which you have a particular interest plus any not listed which you would have liked to have seen. It may be possible to form a new group if there is sufficient interest, and a leader can be found.

Subjects (Groups) in which I am interested	As a member of the Group	As a Leader or Organiser of the Group

Are there any Groups you would have liked to see on our list which are not featured?

Please state

Would you be prepared to Lead or Organise (see below) such Groups?

A Group Leader is someone who has knowledge of a subject and is willing to impart that knowledge to a group. A Group Organiser is someone who does not have specific knowledge of a subject, but is interested and would be prepared to organise a Group so that members can share their know-how.

Our Committee

We are always on the lookout for new people to join our Committee. Would you be willing to serve as a Committee Member? It involves giving time to the general administration of the SU3AK2. There are Committee meetings each month held a week or so prior to the General Meetings. Special skills are not necessary but can be valuable if you have them, i.e. computer, accounts, secretarial. If you would like to volunteer, please indicate below the areas you would be interested in helping with.

Volunteers for the Committee	Please tick box
Book-keeping	
Secretarial	
Computer	
Newsletter production	
General Committee work	

Once you have settled in, would you be willing/able to be included on the following rotas at the General Meetings:

Tea/coffee making **Yes/No**
 Other assistance such as registering and greeting people on arrival **Yes/No**

How did you hear about us? From a friend Local Library U3A K2 Website

Other, please state

SPELTHORNE U3A K2 (Registered Charity No. 1110936) List of Interest Groups (Updated May 2026)

If you have access to the internet you can check the latest position on the Spelthorne U3A K2 website <https://spelthornek2.u3asite.uk/groups>

INTEREST	DAY AND TIME	LOCATION	SITUATION
Ambling	3 rd Thursday & 4 th Wednesday	Various	Vacancies
American Square Dancing	1 st , 2 nd & 3 rd Wednesdays 2pm	Church Hall, Edinburgh Drive	Vacancies
American Square Dancing (Beginners)	Wednesdays 1-4 pm	Church Hall, Edinburgh Drive	Vacancies
Art Appreciation 1	2 nd Wednesday pm	Various	Vacancies
Art Appreciation 2	4 th Thursday	Various	Short waiting list
Badminton	Thursdays 10.30 -11.30 am	Eclipse Leisure Centre	Vacancies
Beaded Jewellery	1 st Tuesday 10am	Staines	2 Vacancies
Book Club 1	1 st Thursday May-Sept 7-9pm Oct.-April 2-4 pm	Members' homes	Full
Book Club 2	3 rd Monday 2-4 pm	Members' homes	Full
Book Club 3	4 th Saturday 10.30 am-12.30 pm	Members' Homes	Full
Bridge	1 st & 3 rd Wednesdays 1.30-3.30 pm	Fordbridge Community Centre, Ashford	Vacancies
Bus Pass Travel (1)	Normally Friday & Saturday	Various	Full
Bus Pass Travel (2)	Various	Various	Vacancies
Canasta 1	2 nd & 4 th Friday pm	Members' homes	Waiting List
Canasta 2	2 nd & 4 th Monday 1.30 pm	Shepperton	Waiting List
Canasta 3	4 th Tuesday 2 pm	Sunbury	Full
Card Making	2 nd Thursday 10 am	Staines	2 Vacancies
Cards Unlimited	2 nd Tuesday evenings	Ashford Tennis Club Lounge	Vacancies
Classic Cars	Various	Car shows, rallies, treasure hunts	Vacancies
Classical Concerts	Various	Various	2 Vacancies
Creative Crafting	2 nd Monday 10.30 am-1.30 pm	Paxmead, Docket Eddy Lane, Shepperton	Vacancies
Creative Writing	1 st Wednesday 10 am-12 noon	Various	Vacancies
Cribbage	Tuesdays 2 pm	Fordbridge Centre Ashford	Vacancies
Current Affairs	4 th Tuesday 2-3.30 pm	Notcutts	Full
Exploring Faiths	1 st Monday: Meetings at 2pm Visits am, pm or all day	Alternate Staines/Various	Full
Exploring London	Various	Various	Vacancies
Family/Social History	3 rd Friday pm	Various	Vacancies
Family History 1 & 2	3 rd Monday 1-3 pm	Ashford	Full
Food and Travel Book Club	4 th Monday 2-4 pm	Ashford Methodist Church	Vacancies
French Conversation 2	Alternate Thursdays 10 am-12 noon	Various	Full
French Conversation 3	Alternate Thursdays 10 am-12 noon	Laleham	1 Vacancy
French Conversation 4	Alternate Thursdays 10 am-12 noon	Staines	Full
French Film Club	4 th Thursday alternative months 2pm. Check web-site for details	Laleham Church Hall	Open to all
Gardening	2 nd Monday 2 pm	Various	Vacancies
Golf	Tuesday and Thursday am	Various	Vacancies. Open to all
History	2 nd Monday 2-4pm	Staines Library	Vacancies

INTEREST	DAY AND TIME	LOCATION	SITUATION
Italian Improvers Level 2	Alternate Mondays 11am-12 noon	On Zoom	1 Vacancy
Jazz	Last Friday of month pm	Ashford	Full
Jazz 2	1 st Thursday 2-4 pm	Staines – Wee and Pee	Vacancies
Jigsaw Exchange	Last Saturday in month 3 pm	Notcutts	Vacancies
Knit n' Natter	1 st and 3 rd Thursdays 2.30-4.30 pm	Staines – Notcutts Coffee Shop	Open to All
Lawn Bowls	Wednesdays 10 am end April to September	Fordbridge Bowling Club	Vacancies
Literature 2	Last Wednesday pm	Various	Full
Local History	2 nd Tuesday 2.30 pm	Staines Methodist Church	Open to all
Mah Jong	1 st , 3 rd , Tuesday 2 pm, other weeks ad hoc basis	Various	Full
Mindfulness	Fridays 10am-12 noon	Shepperton	2 Vacancies
MOTO 1 (Members on their own)	Saturday 10 am	Staines	Waiting List
MOTO 2	1 st & 3 rd Saturday 2.30 pm	Notcutts Café Staines	Full
MOTO 3	2 nd Saturday at 11am	Upper level, Staines library	Full
MOTO 4	TBD	TBD	Full
Muncheon Club	3 rd Friday at 12.30pm except August and December.	Various	Full
Music Appreciation	(1) 1 st Wednesday pm (2) 4 th Tuesday pm (3) 4 th Thursday pm	Various	Full Full Full
Needlecraft 1	1 st Thursday 10 am-1 pm 3 rd Monday 2-5 pm	Staines	Full
Needlecraft 2	3 rd Friday 2-4.30 pm	Charlton Village	Full
Painting	2 nd Friday 2-4 pm	St Mary's Church Hall Staines	Vacancies
Philosophy & Psychology	2 nd & 4 th Friday 2-4 pm	Shepperton	Full
Photography	3 rd Monday 2 pm	Laleham Village Hall & sometimes outings	Vacancies
Pickleball 1	Mondays 2.30 pm	Eclipse Leisure Centre	Vacancies
Pickleball 2	Mondays 1.30-2.30 pm	Eclipse Leisure Centre	Full
Play Reading 1	3 rd Thursday pm	Various	Full
Play Reading 2	1 st Friday pm	Various	Full
Poetry Writing	Last Friday 10 -12.30 pm	Thameside, Staines	Full
Qigong (Tai Chi Exercises)	Wednesday 10-11 am	Zoom	Vacancies
Quizzing at Home	1 st Monday 1.30-4. 30 pm	Ashford	Full
Recorders	1 st and 3 rd Tuesday 2-3.30 pm	Staines Methodist Church	Full
Rummikub 1	3 rd Tuesday 7-10pm	Home	Full
Rummikub 2	3 rd Monday 7 pm	Home/Staines	Full
Rummikub 3	4 th Tuesday 9.45 -11.45 am	Fordbridge Community Centre - Members of Centre £1, non-members £1.50	Full
Rummikub 4	3 rd Monday 2pm	Ashford Tennis Club	Waiting List
Safer Motoring	Various	Various	Vacancies
Science &Technology	3 rd Thursday 2 pm	Staines Methodist Church	Vacancies
Scrabble 1	1 st Monday 2 pm	Various	Full
Scrabble 3	1 st , 3 rd & 5 th Tuesdays 2pm	Shepperton	2 Vacancies
Singing for Pleasure	1 st & 3 rd Wednesday 2-3.30 pm	Staines Methodist Church	Vacancies
Sketching	4 th Tuesday 2-4 pm Outside during Summer	Wheatsheaf & Pigeon Staines	Vacancies
Social History	3 rd Tuesday 10.30 am-12 noon	Members' homes	Full
Spanish	Monday 2.30 pm	Various	Full
Stretch and Dance	Tuesdays at 10 am term time only	Staines Methodist Church	Vacancies

INTEREST	DAY AND TIME	LOCATION	SITUATION
Tasty Tribe	2 nd Wednesday 12.30 pm mainly	Various	Full
The 60's	4 th Friday 10.30-11.30 am	Members' homes	Waiting List
Walking	1 st 3 rd 4 th Wednesdays	Various	Vacancies
Whist 2	2 nd Thursday 9.45-11.45am	Fordbridge Centre	Full
Write Your Life	3 rd Thursday 10.15 am-12 noon	Staines	Vacancies