

Ver-Colne Path – Kensworth to Staines – 50 miles

This is a route that Dick Beresford has walked in the past. It follows the River Ver at the start and then the Colne. The advantage is that travel to and from the legs is not too difficult and Dick has been trying to make use of public transport to avoid the need to shuttle the cars where possible. The walk will generally be quite flat as it follows the rivers. The maximum elevation is 520ft and the minimum is 320ft.

	Leg	Mileage	By car	By public transport
1	The Packhorse at Kensworth to Redbourn	6.8	Y	Bus used instead of car shuttle
2	Redbourn to St. Albans Abbey Station (option to spend time in St Albans)	5.9	Y	Bus used instead of car shuttle
3	St. Albans Abbey Station to Garston Station	8.1	Y	Bus used instead of car shuttle
4	Garston Station to Rickmansworth	7.7	Y	
5	Rickmansworth to Uxbridge Station	7.7	?	
6	Uxbridge Station to Colnbrook	7.3	?	
7	Colnbrook to Staines	5.7	?	

The fact that the route can be done in 7 legs means we can start in March (when the danger of flooding will be less) and finish in September (or October if we miss a month).

Summary: New route for us, quite flat, could be muddy as it is by rivers. Plenty of opportunities for cafes and pubs as towns are not far away. Will need car shares for most legs, but buses or trains can be used to avoid car shuttling on the first 3 legs (and maybe later ones).



